

**Total Woman Health Care, P.A.**  
Health History Form

**PATIENT INFORMATION:**

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Chief Complaint/What are you here for? \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_

**MENSTRUAL HISTORY:**

1<sup>st</sup> Day of Last Menstrual period: \_\_\_\_\_ Age of First Period: \_\_\_\_\_

Are your periods regular? \_\_\_\_\_ Cycles 28 days? \_\_\_\_\_ Less? \_\_\_\_\_ More? \_\_\_\_\_

Is the flow normal? \_\_\_\_\_ Light? \_\_\_\_\_ Moderate? \_\_\_\_\_ Heavy? \_\_\_\_\_ Do you spot between periods? \_\_\_\_\_

Are your periods painful? \_\_\_\_\_ Last PAP? \_\_\_\_\_ Last Mammogram? \_\_\_\_\_

**OBSTETRIC HISTORY:**

Number of Times Pregnant? \_\_\_\_\_ Date of Last delivery? \_\_\_\_\_ Number of Living Children? \_\_\_\_\_

Number of Miscarriages? \_\_\_\_\_ Number of Medical Abortions? \_\_\_\_\_

**CONTRACEPTIVES: (Used in the past and current method)**

BC Pills \_\_\_\_\_ IUD \_\_\_\_\_ Tubal Ligation \_\_\_\_\_ Vasectomy \_\_\_\_\_ Depo \_\_\_\_\_ Nexplanon \_\_\_\_\_ Patch \_\_\_\_\_

Condoms \_\_\_\_\_ Abstinent \_\_\_\_\_ Other: \_\_\_\_\_

**MEDICAL HISTORY: (Please circle if these medical conditions apply to you)**

High Blood Pressure

Anemia

Other: \_\_\_\_\_

Cancer

Epilepsy

Asthma

Stroke

Any Surgeries? \_\_\_\_\_

Heart Disease

Diabetes

Kidney Disease

Blood Clots

Do you smoke?      Yes      No

Allergies? \_\_\_\_\_

Any Street Drugs?      Yes      No

**FAMILY HISTORY: (Please circle all that apply)**

	Fa	Mo	GP
Sickle Cell	_____	_____	_____
Diabetes	_____	_____	_____
High BP	_____	_____	_____
Heart Disease	_____	_____	_____
Cancer	_____	_____	_____
Kidney Disease	_____	_____	_____
Stroke	_____	_____	_____
Asthma	_____	_____	_____

Medications: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_